



## COVID-19 Compliance

As you are all aware we are in a third wave of the COVID-19 pandemic. As organisers we are doing everything in our powers to ensure a compliant event, which is safe for everyone to enjoy. We urge everyone to adhere to social distancing, cleaning hands frequently and wearing a mask.

### Pre-race screening

Each participant and all their crew are requested to complete our pre-race screening at:

<https://forms.gle/bsw4qnMkxfaVSeiz6>

This assessment must be completed on Thursday, 17 June 2021 or Friday, 18 June 2021.

### Numbers

According to Government regulations outdoor events can accommodate 250 people. Each participant will be allowed a maximum of 2 support crew (children under the age of 13 does not count as support crew, but they also need to complete the screening).

## **Measures**

1. All participants will be issued with disposable masks on registration (or you can choose to use your own).
2. All participants and crew must wear masks at all times in and around the starting coral, and Draaipunt Coffee Shop.
3. All participants must wear a mask while in the coral before the commencement of a new yard.
4. All participants must put on masks after the completion of a yard.
5. The starting coral will be divided into blocks. Participants must start from within their designated coral block in order to ensure physical distancing. No more than 10 runners per block will be allowed.
6. Participants and their crew will be allocated an area to set-up their aid station. These designated areas adheres to physical distancing protocols.

## **Covid-19 Compliance Officer**

Mr. Neil Potgieter is the Covid-19 compliance officer and can be reached at:  
082 469 0070.